

# ***All Healing Begins with a Change in Belief***

*By Pham Chopra*

## **The lack of power is the dilemma:**

The condition is helplessness and hopelessness the individual is not able to access the power to initiate healing to awaken the healer within.

The intellectual mind has a distorted perception of the three basic human relationships Relationship with self-Relationship with others Relationship with the innermost self to access the Absolute Power Via The sympathetic nervous system/ Subconscious mind

We use subjective technology to reconstruct the relationship of the individual with a higher source of Power to Awaken the healer within Vital life force we had to sympathetic nervous system and the subconscious mind

To reconstruct the relationship with others, to reconstruct the relationship, one's self. This is done by uncovering and discovering and discarding that which is blocking us from the source of power. We use a simple set of principles spiritual in nature.

## **Uncovering:**

To get to the root of the problem instead of hacking at the leaves Using techniques, common to all human beings over millennia Examining causes and conditions

## **Discovering:**

The nature and the root of the problems

Affecting ones shift in belief with this insight

Starting a habit pattern of thinking only what we wish to experience

## **Discarding:**

Clearing away the wreckage of the past for a new beginning

## **Continuing:**

To improve this relationship with self and others Disciplined approach of introspective examination of causes and conditions through symptoms Following our belief that a life unexamined is a life not worth living Rectifying these errors by encouraging a life of love and tolerance Growing and understanding in effectiveness the discipline of living one day at a time Improving.

This relationship with our Innermost most Self, to access the Power from which we have/had, is the illusion of being disconnected. A life of retrospective examination, planning a vision ahead, and taking brief moments to reconnect when symptoms of discomfort appear during the day the daily blueprint.

Aligning oneself and tuning in to the source of all power with the belief that one has received and reconnected and attitude of Thank You.

## **Practicing:**

And finally practicing a life of Service with Love With no conditions awakening to One's purpose in life

Living a life of purpose and meaning by utilizing the gifts one has awakened to.

the blind man sees, -The light has appeared

This evidence-based approach practiced in the Universally accepted 12 step program Enables the healing within in healing the Mind of lack and limitation and false beliefs and negative thinking We automatically heal our body.

The transformation in the individual leaves Freedom from Addictions and Behavioral Disorders One then lives a happy useful and constructive life.

## **In summary:**

This Spiritual technology enables us to reconstruct relationship with self with others and With Our innermost Self the source of Power. The program is customized to everyone by our Health Coaches. We have gone to this personal transformation Utilizing this Spiritual Technology Individuals are encouraged to reconnect with their Higher Power Through their innermost self in their own personal manner.

The principles are universal in nature, A Holistic approach special techniques to revitalize nerve energy life energy Perfect assimilation Proper breathing Physical reconditioning and there is more and much more.